#### RT OF INTIMACY

## NEW CLIENT WELCOME PACKET

I'm so excited about working together as your guide/coach and healer. The following documents are included in the foundation material. Please complete them and send them back or bring them with you to our first session printed out and signed with the start date so we can keep track of our work together.

## **Sections to complete:**

Coaching Agreement
Client's Personal Information
Client Interview
Life Evaluation

## **Coaching Call Preparation:**

The phone number for our coaching calls is: (415) 388 - 9210



Have fun with this process and call or email me if you have any questions. These forms are required before we begin working together. I look forward to our work together as of (Upon agreement).

# COACHING AGREEMENT CLIENT'S PERSONAL INFORMATION

Client Name:
This coaching agreement, between (Theresa Vargo) and the above-named client, will begin on
Fee Agreement
Session fees are due monthly or paid in full for three months.
Professional Services to be provided too:
Name:
Home Address:
Mailing Address (if different from above):
Home Phone:
Work Phone:
Mobile Phone:

Coaching services can include but are not limited to clarification of values, brainstorming, identifying plans of action, creating new vision/goals, asking clarifying questions, and making empowering requests.

Healer guide is an exploration of energy, intuition, and shadow work.

Client understands the sensitivity of the intimacy exploration and at no time are we entering into a personal relationship. The intention is to offer spiritual growth, emotional well-being, ease and more love in your life.

## **Confidentiality:**

As your coach, I will ask you for personal information about your life. I will hold this information and the content of all coaching sessions, including the Foundation Session information, in the strictest of confidence.

## **Cancellation Policy:**

If you cancel an appointment with less than 24 hours' notice, you are responsible for payment of that session.

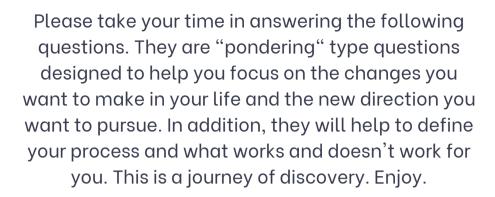
Our signatures on the Coaching Agreement indicate full understanding and agreement with the information outlined above.

Client:	
Theresa Vargo (Guide/Coach/Healer)	
Date:	

Email:
Occupation:
Employer name:
Date of birth:
Significant other:
Children:



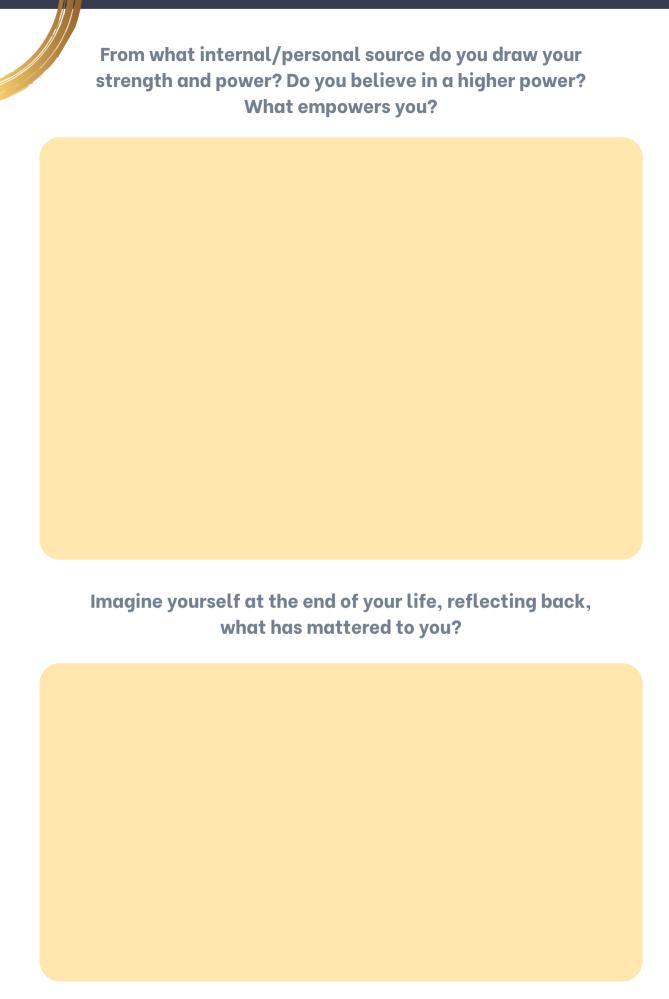
## **CLIENT INTERVIEW**

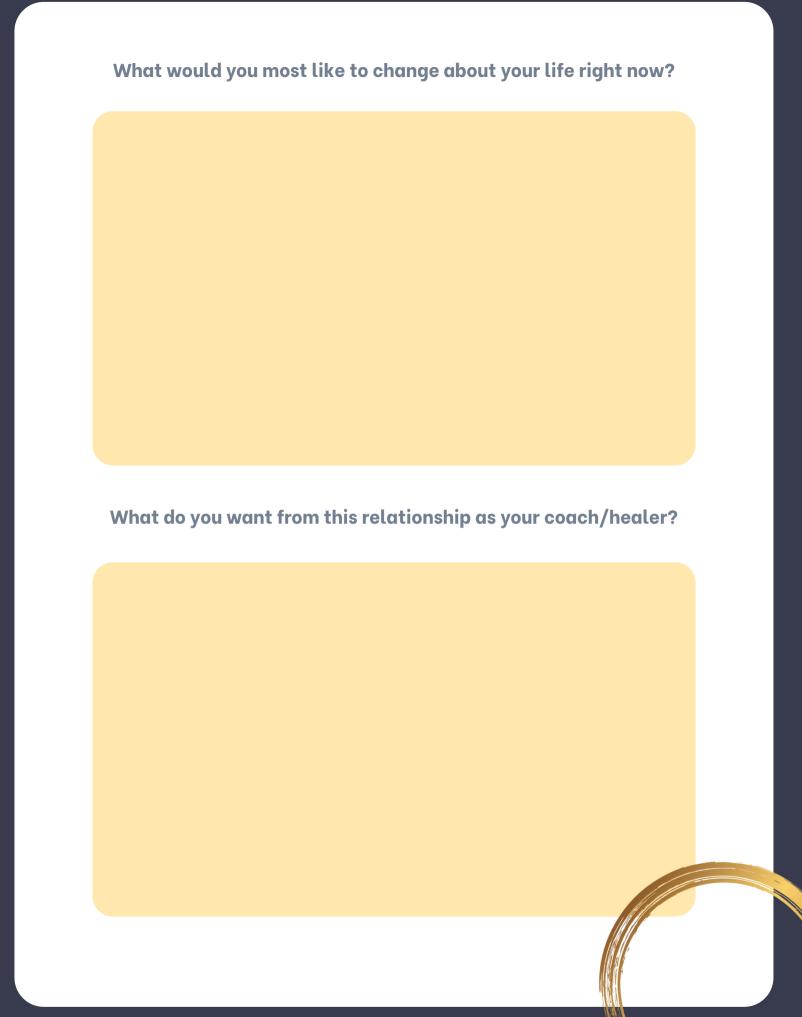


What is your definition of intimacy?

What is your definition of success? And of failure?

What do you consider to be your strengths, talents, and assets?
What do you see as your life purpose?
what do you see as your tire purpose?
What are the guiding principles by which you live your life?





# What are your values?

To discover the complexity of our values, it is productive to create "threads". Example: Integrity/truth/honesty/trust. Please list below, with the accompanying "threads" 4 or 5 of your values:

## LIFE EVALUATION



#### **Career:**

What's working? What's not working? Priority to work on? What do you want to accomplish in the next three months?

## Money:

# **Significant Other:**

What's working? What's not working? Priority to work on? What do you want to accomplish in the next three months?

# Family & Friends:

## **Health:**

What's working? What's not working? Priority to work on? What do you want to accomplish in the next three months?

# **Physical Environment:**

## **Fun & Recreation:**

What's working? What's not working? Priority to work on? What do you want to accomplish in the next three months?

## **Personal Growth:**

## Mental Health:

Do you engage in substances? If so, how often?
Do you have a history of mental health illness?
If yes to these questions, do you have a clinical diagnosis and are you receiving treatment?